

Introduction

Welcome to this session on **sustainable cities**.

In this session we are going to consider some of the characteristics of sustainable cities. We'll also consider how sustainability in a city can extend to sustainable travel plans.

In this session we'll consider:

- The meaning of sustainability
- What is meant by a sustainable city
- The characteristics of a sustainable city
- How this can involve sustainable travel



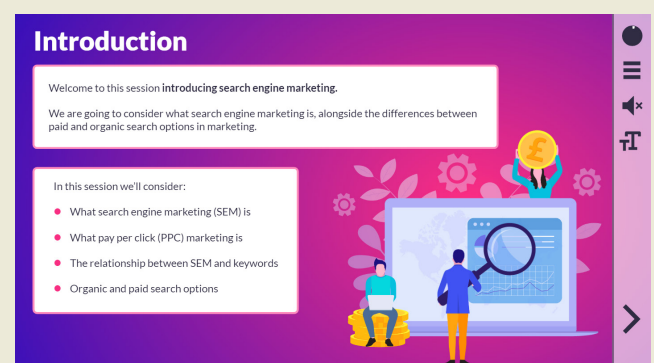
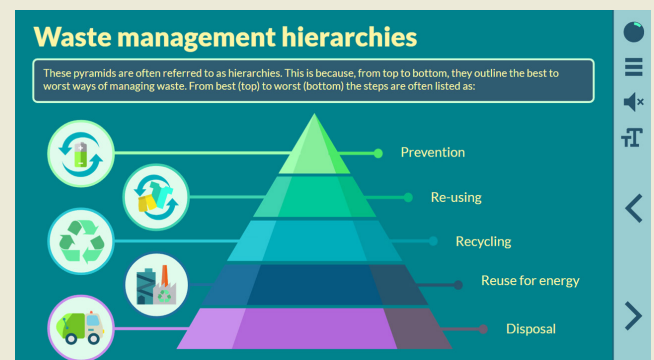


BLC RESOURCES

The Blended Learning Consortium was launched by Heart of Worcestershire College in August 2015. Since then it has grown into a partnership which includes over a 160 colleges from around the UK. The consortium strives to improve the FE sector through the creation of high quality online interactive learning resources, sharing of good practice and continuous professional development. Members have the option to simply make use of the available resources or get involved in the writing, editing and development process.

Each year, the Consortium develops and releases interactive e-learning content using pooled consortium funds. The subject areas developed are the result of democratic voting from the consortium members, with the top voted for subjects being put through to development based on the available funds. Additional subject areas are then added as funds become available from new member subscriptions.

As well as having access to the current phase of resources, members are able to cherry pick the most suitable subject areas from those previously developed allowing consortium members to tailor their chosen content to suit their requirements.





BLC RESOURCES

How does the Consortium work?

- Annual membership fee of £5K
- Money used to fund the writing, editing and development of learning objects
- Democratic voting process to determine which subject areas are developed
- Content is created to agreed specifications and standards
- Members have access to the source files to adapt and re-brand the learning resources
- Members have their own control over any annually paid-up resources
- Members can tailor their chosen content to suit their requirements

Benefits to members include:

- Access to high quality content developed by the Consortium
- Efficiency savings through shared development costs
- Money is redistributed through member colleges to develop resources
- Development of in-house skills in writing, editing and developing content
- Support and training from the experienced content development team at Heart of Worcestershire College
- Discounted development software and a range of other resources from companies and sponsors
- Suitable for college based learners, distance learners and apprentices

What OFSTED said:

“Most learners report that they enjoy this style of learning; they feel that, as well as being an effective way to learn, it helps them extend their learning and develop the self-discipline they need to be successful when they progress to the next level of learning, university or employment.

Ofsted, March 2018

What our members say:

“The quality of the resources are brilliant and relevant to our learners in the FE sector. It's also very useful being part of this community and we have learnt a lot.

Cardiff and Vale College

“The BLC has saved the college time and money while providing access to leading edge materials for staff and students at all levels of study.

Kirklees College



Visit our website for current information on the Consortium including colleges joined and example content.

<http://www.blc-fe.org>

For more information contact Matt Beck at Heart of Worcestershire College

✉ mbeck@howcollege.ac.uk | ☎ 01905 743468

Resource Library

Key :  Resources include audio narration  Development phase

English and Maths



English L2 10

Adjectives	Hyphens and Dashes	Summarising
Adverbs	Linking Ideas in Essays	Test Yourself - Punctuation
Apostrophes	Monologues	Test Yourself - Spelling
Brackets and Parentheses	Nouns and Pronouns	Test Yourself - Word Classes
Capital Letters and Full Stops	Paragraphs	Types of Essays
Colons and Semicolons	Planning a Speech	Types of Sentences
Commas	Prepositions	Types of Speech
Conjunctions	Proofreading	Verbs
Delivering a Speech	Questions Marks and Exclamation Marks	
Essay Structure	Quotation Marks	
Fact and Opinion	Spelling	



English GCSE 5

Analysing Fiction - Part 1	Expanding Figurative Language	Revision - Keeping Creative Work Interesting
Analysing Fiction - Part 2	How to Compare Texts - Part 1	Revision - Keeping Essays Accurate
Analysing Non-Fiction - Part 1	How to Compare Texts - Part 2	Revision - Planning Punctuation and Paragraphs
Analysing Non-Fiction - Part 2	How to Craft Writing	Spoken English
Characters and Narrative - First Person	How Writers Use Language	Vocabulary - Synonyms, Antonyms and Compounds
Characters and Narrative - Third Person	Knowing the Effects of Language	Writing for Impact - Unusual Techniques
Crafting Different Styles - Fiction	Knowing Your Punctuation	Writing to Describe Things
Crafting Different Styles - Non-Fiction	Planning Your Writing	Writing to Describe Things in More Detail
Example Analysis for Fiction	Planning Your Writing - Writing in Timed Conditions	Written Accuracy - Fact Checking
Example Analysis for Non-Fiction	Proofreading with SPAG	Your Opinion and Your Response



ESOL 7

Adjectives Ending in -ed and -ing	Nouns, Adjectives and Verbs	The Alphabet - Part 1
Adverbs of Frequency (v1.1)	Opposite Adjectives	The Alphabet - Part 2
Articles	Prepositions after Adjectives	Vocabulary - Animals
Capital Letters and Full Stops	Prepositions of Place	Vocabulary - Around the Home
Common Signs	Prepositions of Time and Place	Vocabulary - Baby Animals
Countable and Uncountable Nouns (v1.1)	Pronouns	Vocabulary - Colours
Daily Routines	Question Words - How	Vocabulary - Houses and Homes
Digits	Question Words - Wh	Vocabulary - Time
Eating Out	Symbols in Text	Vocabulary - Weather
Imperatives	Telling the Time	Vowels and Consonants



ESOL EL2 4

Adjective Endings	Forming Yes or No Questions	Prepositions of Place
Adjectives - Comparative and Superlative	Homophones - Part 1	Proper Nouns
Adjectives - Gradable and Non-Gradable	Homophones - Part 2	Relative Pronouns
Adverbs of Frequency	Imperatives	Subject Verb Agreement
Collective Nouns - Animals	Irregular Verbs	Tenses - Past Perfect
Collective Nouns - People	Nouns with Two Parts	Tenses - Present Perfect and Past Simple
Collective Nouns - Things	Order of Adjectives	Using Must and Have To
Conjunctions	Personal Pronouns	Using the Indefinite Articles 'a' and 'an' Based on Word Sounds
Countable and Uncountable Nouns	Phrasal Verbs	Using This That These and Those as an Adjective or Pronoun
Forming Information Questions	Possessives - Adjectives and Pronouns	Verb Patterns - Ing and Infinitive Forms

Resource Library



ESOL EL3 5

Agreeing and Disagreeing	Modal Verbs - Obligation	Seeking Clarification
Articles - Part 1	Obtaining Information from Verbal Communication	Sentence Stress
Articles - Part 2	Opinion and Fact	Talking About the Future
Collocations	Past Habits and States	Talking About the Past
Comparing Things - Part 1	Present Perfect	Using Be and Do in Questions
Comparing Things - Part 2	Pronunciation - Part 1	Using Linking Words to Organise Speech
Compound and Complex Sentences	Pronunciation - Part 2	Using Present Perfect for Experiences
First Conditional	Questioning	Verb Patterns - Gerunds
Modal Verbs - Future Possibility	Relative Clauses	Verb Patterns - Infinitives
Modal Verbs - Introduction	Second Conditional	Zero Conditional



Functional Skills Numeracy - E3 3

2D Shapes	Formulae	Perimeter
3D Shapes	Fractions	Place Values and Number Symbols
Addition	Fractions, Decimals and Percentages	Positive and Negative Numbers
Angles	Graphs and Charts	Probability
Area	Length and Distance	Ratio and Proportion
Averages and Range	Lists and Tables	Rounding and Estimating
Capacity and Weight	Maps and Plans	Subtraction
Dates	Money	Temperature
Decimals	Multiplication	Time
Division	Percentages	Units of Measurement



Functional Skills Literacy - E3 3

Active and Passive Voice	Homonyms	Punctuation
Adjectives	Informal Letter Writing	Sentences - Statement, Question and Command
Alliteration and Onomatopoeia	Metaphors and Similes	Spelling - Silent Letters
Autobiographical Writing	Nouns	Spelling - Vowels and Consonants
Different Types of Poetry	Paragraphs	Strategies for Reading
Different Types of Text - Part 1	Planning Your Writing	Synonyms and Antonyms
Different Types of Text - Part 2	Prefixes and Suffixes	Tense
Direct and Indirect Speech	Prepositions, Conjunctions and Articles	Using a Dictionary and Thesaurus
Fact and Opinion	Proofreading with SPAG	Verbs and Adverbs
Formal Letter Writing	Proverbs and Idioms	Writing for an Argument



Maths L1 10

2D Shapes	Formulae	Probability
3D Shapes	Fractions	Ratio and Proportion
Addition	Fractions, Decimals and Percentages	Rounding and Estimating
Angles	Line Graphs	Subtraction
Area	Money	Temperature
Averages	Multiplication	Time
Bar Charts	Percentages	Units of Measurement
BIDMAS	Perimeters	Volume and Capacity
Decimals	Pie Charts	Weight
Division	Positive and Negative Numbers	Whole Numbers and Place Value



Maths GCSE 5

2D Shapes	Decimals	Number
3D Shapes	Factors and Indices	Parallel Lines
Algebra - Part 1	Fractions - Part 1	Percentages
Algebra - Part 2	Fractions - Part 2	Probability
Angles	Graphs and Charts - Part 1	Ratio and Proportion
Averages	Graphs and Charts - Part 2	Sequences
Bearings	Loci and Constructions	Standard Form
BIDMAS and BODMAS	Measures	Transformations
Circles	Money and Financial Maths	Trigonometry
Converting Fractions, Decimals and Percentages	Multiply and Divide	Working with Time

Resource Library



Numeracy L1

Average Calculations	Maps and Plans	Solving Problems With Metric Units of Measure
Calculating Volume of Shapes	Multiples and Factors	Speed, Distance and Time
Calories	Pen and Paper Calculations	Times Tables
Constructing Geometric Diagrams, Models and Shapes	Percentages	Units of Measurement
Imperial Units of Measurement	Powers and Roots	Use Shape and Space In Real Context
Interpret Graphical Data to Solve Real-Life Problems	Representing Data	Using Data To Determine The Likelihood of an Outcome
Length and Distance	Revision Session 1	Using Ict To Perform Mathematical Calculations
Lists and Tables	Revision Session 2	Using Money, Time and Measures In Real Life Context
Manage Data In Real Life Context	Selecting The Most Appropriate Graphs And Charts	Whole Number
Managing Money in the Real World	Solving Problems With Imperial Units of Measure	Working Out Areas And Perimeters In Practical Situations



Numeracy L2

Algebra - Core	Order Of Operation - Functional	Scale - Core
Algebra - Functional	Percentages - Core	Scale - Functional
Averages - Applicational	Percentages - Functional	Shapes and Angles - Core
Averages - Skills	Perimeter And Area - Core	Shapes and Angles - Functional
Fractions - Core	Perimeter And Area - Functional	Shapes, Angles, Perimeter and Area - Revision
Fractions - Functional	Probability - Core	Transformation and Symmetry - Core
Numbers - Core	Probability - Functional	Transformation and Symmetry - Functional
Numbers - Functional	Ratio And Proportion - Core	Volume - Core
Numbers, Order of Operation, Fractions - Revision	Ratio And Proportion - Functional	Volume - Functional
Order Of Operation - Core	Ratio, Proportion, Percentages and Averages - Revision	Volume, Transformation and Symmetry, Scale and Probability - Revision



Numeracy L3

Activity Networks	Fermi Estimation	Normal Distribution (v1.1)
Collecting and Sampling Data	Gantt Charts	Probability using Tree Diagrams
Confidence Intervals	Graphical Functions	Probability using Venn Diagrams
Correlation	Inflation	Product Moment Correlation Coefficient
Cost-Benefit Analysis	Interest Rates	Rates of Change - Gradients
Critical Analysis - Percentages and Correlation	Introduction to Critical Analysis	Rates of Change - Speed of Acceleration
Critical Path Analysis	Introduction to Mathematical Modelling	Regression Lines
Expectation Revision	Introduction to Probability	Sample Mean
Exponential and Logarithmic Functions	Maths for Personal Finance Revision	Taxation
Exponential Growth and Decay Functions	Measures of Average and Spread	Types of Data



SEND - British Sign Language

An Introduction to BSL	Greetings (v1.1)	Places
Colours	Hobbies	Roles and Phrases
Conditions and Disabilities	Medical Terms	Technology
Days of the Week - Part 1	More Numbers	Time
Days of the Week - Part 2	Names	Times of the Day
Deaf Awareness and Communication Tips	Numbers - 1 to 10 (v1.1)	Transport (v1.1)
Emotions	Numbers - 11 to 20	Weather
Fingerspelling	People - Part 1	
Food and Drink	People - Part 2	



Spelling Punctuation and Grammar L2

Active and Passive voice	Parts of Speech	Sentence Types - Conditional
Brackets, Ellipses, Colons and Semi Colons	Prefixes	Singular and Plural Nouns
Capitals, Commas and Full Stops (v1.1)	Revision Session	Subordinate Connectives
Clauses and Phrases	Sentence Features	Suffixes
First, second and Third Person	Sentence Types - Affirmative and Negative	Synonyms

Resource Library

Tutorial



Access to HE 4

Application Process for HE Courses	Financial Implications of HE Study	Note-taking Methods
Assessing Your Readiness for HE	Finding the Right Source	Planning for Effective Study Time
Completing Your Application Form for a HE Course	HE Pathways	Planning Your Written Work
Copyright Laws	Identifying Key Sources of Information for Your Application to HE	Reading Strategies
Copyright Laws - Digital Materials	Interview Communication Skills	Referencing Systems and Why We Need Them
Different Referencing For Different Sources - Part 1	Interview Questions for HE Courses	Revision - Access to HE
Different Referencing For Different Sources - Part 2	Interview Readiness Self-evaluation	Roles and Responsibilities of Your Chosen Profession
Efficiency And Effectiveness - Professional Journal Versus a Newspaper	Issues and Debates Within Your Chosen Profession	Selection Requirements for HE Courses
Efficiency And Effectiveness - Textbook Versus Internet Search Engine	Key Principles Of Conduct Within Your Chosen Profession	Speaking and Listening
Evaluating HE Opportunities	Knowing Your Study Strengths and Weaknesses	Writing Your Personal Statement



Access to HE L3 6

Academic Reading Skills	Note Taking from a Range of Sources	Proofreading and Editing
Common Exam Pitfalls	Objective and Emotive Language	Referencing
Critical Evaluation when Reading	Opinion and Bias	Referencing for Reports
Demonstrating Your Knowledge in Exams	Planning for Exams	Report Planning
Essay Planning	Positive and Negative Professional Attributes	Report Structure
Evaluating Your Presentation	Presentation Delivery	Researching for a Presentation
Factors that Influence Wellbeing	Presentation Planning	Skimming, Scanning and Active Reading
Managing and Maintaining Wellbeing	Professional Attributes and Emotional Intelligence	Summarising
Mental Wellbeing and Resilience	Professional Attributes in the Workplace	The Impact of Pressure and Stress on Wellbeing
Minimising Exam Stress	Professional Attributes Swot Analysis	Writing Style for Reports



British Values 1

Democracy in the UK (v1.1)	Mutual Respect and Tolerance (v1.1)	The Equality Act and Discrimination (v1.1)
Individual Liberty (v1.1)	Public Services	Understanding British Culture (v1.1)
Introducing British Values (v1.1)	Resolving Problems (v1.2)	
Making a Difference (v1.1)	Rule of Law (v1.2)	



Digital Literacy L2 1

Cloud Computing	Intellectual Property	Referencing Online Content
Computer Coding	Introduction To Digital Literacy	Security and Risks
Cyber Bullying	Legislation	Skills Using Email
E-Safety and Online Behaviour	Mobile Phones and Apps	Skills Using Ms Office
Health and Safety	Negative Effects of Social Media	The Importance of Passwords
Ict Skills	Online Money Matters	Your Digital Footprint
Identity Theft	Online Shopping and Downloading	



Employability L2 1

Building Work Relationships	Motivation	Self Management Skills
Career Progression	Networking for Employment	Self-Assessment
Choosing a Career	Personal Goals (v1.1)	Setting SMART Targets
Communication Skills	Personal Statements for Job Applications (v1.1)	Solving Work Related Problems
Contributing to Meetings	Personal Strengths and Weaknesses	Speculative Cover Letters
Cover Letters	Preparing a CV (v1.1)	Transferable Skills
Effectiveness at Work	Preparing for Work Placement	Using an Action Plan
Evaluating a Job Offer	Reviewing your Personal Achievements	Volunteering
Introduction to Employability	Rights and Responsibilities at Work	Working in a Team
Leaving a Job	Searching for a Job	Your Health at Work

Resource Library



Employability L3 1

Assertive Behaviour	Giving and Receiving Feedback	Researching Job Vacancies (v1.1)
Bullying in the Workplace	Identifying Career Opportunities	Roles and Responsibilities in Meetings
Career Trends	Job Application Forms (v1.1)	Skills Audit
Career Trends	Leadership Skills	SMART Targets
Careers Information and Advice (v1.1)	Leadership Styles	Stress
Careers Pathways (v1.1)	Organising Meetings	SWOT Analysis for Organisations
Confidence	Personal SWOT Analysis	Time Management
Critical Thinking	Planning Presentations for Work	Transferable Skills
Forms of Employment	Reflection (v1.1)	Work Life Balance
Gathering Information on a Potential Employer (v1.1)	Research Skills (v1.1)	Writing a CV (v1.1)



Employability - Skill Development 8

Collaboration and Teamwork	Flexible Working and Etiquette Skills	Lifelong Learning
Commercial Awareness	Global Citizenship and Employability (v1.1)	Overcoming Setbacks
Emotional Intelligence and Employability	Hard Skills in Employment	Professional Networking with LinkedIn (v1.1)
Enterprise Skills	How the World of Work is Changing	Skills for Enhancing Employability
Finding a Sense of Purpose in Your Work	Introduction to LinkedIn	Soft Skills in Employment



Employability - Skills Development for Employability 9

Applying for Jobs	Employment Finances [Video]	Problem Solving [Video]
Applying for Jobs [Video]	Interview Skills	Resilience
Building Positive Relationships at Work [Video]	Interview Skills [Video]	Resilience [Video]
Choosing a Career	Introduction to Employability	Time Management
Choosing a Career [Video]	Job Offers and Rejections [Video]	Time Management [Video]
Communication	Leadership [Video]	Time Management and Mental Health [Video]
Communication [Video]	Logical Fallacies	Understanding and Recognising Bias
Constructive Feedback [Video]	Logical Fallacies [Video]	Understanding and Recognising Bias [Video]
Creative Thinking	Misrepresentation of Data	What is Employability? [Video]
Creative Thinking [Video]	Misrepresentation of Data [Video]	Working with Others
Critical Thinking	Persuasive and Deceptive Language	Working with Others [Video]
Critical Thinking [Video]	Persuasive and Deceptive Language [Video]	Work-Life Balance
Digital Skills	Preparing for Work	Work-Life Balance [Video]
Digital Skills [Video]	Preparing for Work [Video]	Workplace Safety
Employment Finances (v1.1)	Problem Solving	Workplace Safety [Video]



E-Safety 1

Cryptocurrency Blockchain Technology and NFTs	Health and Technology	Social Media
Cyberbullying (v1.2)	Mobile Phones (v1.1)	Your Digital Footprint
Digital Citizenship	Online Extremism	
Grooming	Online Scams	



GDPR & Data Protection

Data Protection Legislation



Interview Preparation 1

After the Interview (v1.2)	Getting that Interview (v1.1)	The Interview Day (v1.1)
Before the Interview (v1.2)	Interview Questions	

Resource Library



Life Skills 7

Building Confidence and Self-esteem	Health and Safety at Work	Personal Career Planning
Communication Skills	Healthy Relationships	Personal Presentation
CVs and Job Applications	Household Cleaning	Presentation Skills
Digital Skills in the Workplace	Internet Awareness	Resilience and Grit
Drug and Alcohol Awareness	Interview Skills	Searching for Jobs
Equality, Diversity and Empathy	Living in the Community	Teamwork
Everyday Food and Drink Preparation	Making Choices	The Environment
Food Safety and Storage	Managing Money	Using Domestic Appliances
Getting About Safely	Mental Health Awareness	Volunteering (v1.1)
Health and Fitness (v1.1)	Personal Care and Hygiene	What is Employability?



Low Carbon Technologies 7

An Introduction to Electric Vehicles	Ethics and Environmental Issues	Solar Power
Biomass Power	Geothermal Power	The Low Carbon Sector and Green Jobs
Clean Fossil Fuels (v1.1)	Hydroelectric Power	The UK's Electricity System
Energy Efficiency in the Home	Introduction to Renewable Energy (v1.1)	Tidal and Wave Power
Energy Storage	Nuclear Power	Wind Power



Mental Health - Tutorial 7

Anxiety (v1.1)	Loneliness and Mental Health (v1.1)	Self-care
Barriers to Seeking Help	Mindfulness	Self-esteem
Cyberbullying	Nature and Mental Health	Sleep and Mental Health (v1.1)
Food and Mental Health (v1.1)	Physical Activity and Mental Health (v1.1)	Social Media and Mental Health
How to be an LGBTQ+ Ally	Reducing Mental Illness Stigma	Stress



Prevent 1

Contest and Channel	Non-Religious Terrorism	Terrorism and Human Rights
Counter Terrorism	Our Responsibilities	Terrorism and the Internet
Fundamental British Values (v1.1)	Radicalisation	
Introduction to Prevent	Religious Terrorism	



Safeguarding 5

Embedding a Safeguarding Culture	Safeguarding Policies and Procedures	Wellbeing - Caring for Our Bodies
Introduction to Safeguarding	Safeguarding Roles and Responsibilities	Wellbeing - Developing Coping Strategies
Ongoing Training and Development	Safeguarding Vulnerable Adults	Wellbeing - The Basics of Mental Health
Prevent	Safer Recruitment	Wellbeing - Tolerating Stress and Distress
Remote Learning and Online Safety	Type of Abuse	Wellbeing - Understanding Thoughts, Feelings and Behaviour



Study Skills 1

Academic Writing (v1.1)	Listening Skills	Report Writing
Communication Skills	Memory Strategies	Research Methods
Contributing to a Discussion	Note Taking Methods	Researching Online
Dealing with Exam Stress	Overcoming Revision Problems	Revision Techniques
Essay Writing	Planning for Revision	Roles in Groups
Exam Questions	Presentations	Summarising and Paraphrasing
Exam Technique	Questioning Techniques	Tables, Charts and Graphs
Introduction to Note Taking	Reading Critically	Understanding Context
Introduction to Study Skills	Reading Skills	Using Paragraphs Effectively
Leading a Discussion	Referencing and Plagiarism	Writing for Different Purposes

Resource Library



Sustainability 7

Air Pollution and Sustainable Travel	Sustainability and Food	What is Climate Change?
Leaders in Climate Change	Sustainability and Technology	What is Environmental Conservation?
Plastic Pollution, Rivers and Oceans	Sustainability and Waste	What is Rainforest Sustainability?
Product Lifecycle Sustainability	Sustainable Cities	What is Sustainability?
Reducing Your Carbon Footprint	What is Carbon Footprint?	What You're Wearing and Whether it is Sustainable



Teacher Training L4 5

Assessing Vocational Achievement	Initial and Diagnostic Assessment	Planning for Online Learning
Benefits of Technology	Learning Styles	Preparing for an Observation
Bloom's Taxonomy	Legislation	Questioning
Creating a Safe and Supportive Learning Environment	Lesson Plans and Schemes of Work	Reflective Practice
Digital Tools for Accessibility - Microsoft and Google	Maslow	Resources for Teaching
Digital Tools for Collaborative Learning	Methods of Communication	Roles and Responsibilities (v1.1)
Equalities	Minimum Core	Theories of Learning
Feedback	Motivation	Types and Methods of Assessment
Formative Assessment for Online Learning	Overcoming Barriers to Learning	Understanding the Principles and Practices of Assessment
Inclusive Learning and Teaching Environments	Peer and Self-Assessment	Working with Other Professionals



Teacher Training L5 5

Barriers to Mentoring	Formative Assessment for Online Learning	Promoting Equality and Diversity
Curriculum Design	Inclusive Curriculum	Reflective Theories - Kolb and Gibbs
Curriculum Models	Internal Quality Assurance	Reflective Theories - Schon and Brookfield
Differentiation	Mentoring	Stakeholders
Digital Tools for Accessibility - Microsoft and Google	Mentoring Skills	Theories of Behaviour Management
Digital Tools for Collaborative Learning	Planning for Online Learning	Theories of Communication
Equality and Diversity Legislation and Regulations	Policy Context	Theories of Learning - Behaviourist
Evaluation Programmes - Part 1	Practical Behaviour Management Strategies	Theories of Learning - Cognitivism and Humanism
Evaluation Programmes - Part 2	Principles of Resource Design	Theories of Learning - Developmental
Evaluation Programmes - Part 3	Professional Values	Understanding the Principles and Practices of Quality Assurance



Tutorial 5

Accountability (v1.1)	Emotional Intelligence	Organisational Skills (v1.1)
British Values	Interpersonal Skills	Public Speaking
Citizenship	Introduction to Health and Safety at Work (v1.1)	Resilience
Creativity	Introduction to Mental Health	Sexual Health - Contraception (v1.1)
Critical Thinking	Language Skills	Sexual Health - Relationships
Customer Service	Leadership Skills	Sexual Health - STIs (v1.1)
Dealing with Conflict (v1.1)	Mental Health Disorders - Part 1	Teamwork
Drug and Alcohol Awareness - Alcohol (v1.1)	Mental Health Disorders - Part 2	Time Management
Drug and Alcohol Awareness - Drugs	Multitasking	Voting
Drug and Alcohol Awareness - Introduction	Networking	Work Ethic (v1.1)



Tutorial and Financial Literacy 8

Tutorial		Financial Literacy
ADHD Awareness	Online Dating and Staying Safe	Banking
Alcohol	Personal Statements - Educational Applications	Buying a Home
Autism Awareness	Personal Statements - Job Applications	Credit Cards and Loans
Behaviours, Attitudes and Attributes	Protected Characteristics	Insurance and Financial Protection
Black Lives Matter	Resilience	Introduction to Money Management
County Lines	Smoking and Vaping	Managing Debt
Fake News	Stress Busters	Pensions (v1.2)
Introduction to the Sustainable Development Goals	Supporting Young Carers	Renting a Home
Language Devices	Tourette's Syndrome	Student Finances
Mental Fitness	Unlocking Your Potential	Understanding Your Pay

Resource Library

Vocational - Care Profession



Access to Nursing 6

Academic Writing Skills - Part 1	Duty of Care	Physiological Disorders
Academic Writing Skills - Part 2	End of Life Care	Principles of Safeguarding
Are You Prepared to Study and Write Assignments?	Equality and Diversity	Reflective Practice
Circulatory System	Health Promotion	Respiratory System
Clinical Observations - Part 1	Health, Safety and Security	The Human Tissues
Clinical Observations - Part 2	Medication - Part 1	The Nervous System
Clinical Observations - Part 3	Medication - Part 2	The Role of Vaccinations
Communication - Part 1	Multi-Disciplinary Teams	The Roles and Responsibilities of the Registered Nurse
Communication - Part 2	Nutritional Health	Understanding Psychology - Part 1
Digestive System	Person-centred Care	Understanding Psychology - Part 2



Childcare L1 3

How Children Learn	Learning Through Play - Theorists	The Factors and Skills Involved in a Child's Intellectual Development
How Children Learn Through Rhymes	Learning Through Science	The Factors and Skills Involved in a Child's Language Development
How Children Learn Through Stories	Learning Through Sensory Play and Investigation	The Factors and Skills Involved in a Child's Social Development
Learning and Social Development	Revision - Part 1	The Factors that Affect Physical Development
Learning and Emotional Development	Revision - Part 2	The Physical Skills Involved in a Child's Physical Development
Learning and Intellectual Development	The Adults' Role in Imaginative Play and Learning	The Role of Music in Learning
Learning and Language Development	The Benefits of Imaginative Play	The Role of Sensory Aids in Learning
Learning and Physical Development	The Benefits of Learning in the Natural World	The Role of the Senses in Learning
Learning in the Local Community	The Benefits of Learning Through Science	The Skills Involved in a Child's Language Development
Learning in the Natural World	The Factors and Skills Involved in a Child's Emotional Development	The Types of Imaginative Play and Their Role in Learning



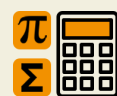
Childcare L2 6

Areas of Development	Health and Safety in an Early Years Setting	Teamwork and Effective Communication
Care Routines for Babies and Younger Children	How to Encourage Healthy Eating in Young Children	The Role of the Practitioner in Supporting Child Development
Conception, Fertilisation, Implantation, Pregnancy and Birth	How to Engage Children Using Indoor Environment	The Role of the Practitioner in Supporting Health and Wellbeing
Continuing Professional Development (CPD)	Keeping Young Children Physically Active	Theories of Development
Different Early Years Provision	Preparing Children for School	Theories of Play
Discovering and Exploring the Outdoors with Young Children	Reflective Practice	Understanding Legislation, Policies and Procedures
Early Literacy and Mark Making	Safeguarding and Child Protection	Using the Early Years Curriculum Framework
Encouraging Positive Behaviour	Supporting Children with Additional Needs	What is Meant by Purposeful Play?
Equality, Diversity and the Inclusive Learning Environment	Supporting Children's Wellbeing	What is Play?
Factors Which Affect Development (v1.1)	Supporting Early Numeracy	Working as a Professional in an Early Years Setting



Childcare L3 1

Bowlby And Ainsworth Theories	Kohlberg, Erikson Theories	Revision Session 2
Bronfenbrenner	Maslow	Role of Practitioner
Chomsky Theories	Neurological and Brain Development	Routine Checks
Cognitive Development	Observation	Skinner
Conception To Birth	Personal Social and Emotional Development	Social Pedagogy
Factors During Pregnancy	Physical Development	Speech Language and Communication Development
Factors That Influence Development	Piaget and Vygotsky Theories	Supporting Holistic Development
Holistic Development	Planning for Children	The Inspecting Bodies
Impact on Development First Year	Pre Conception Factors	Theoretical Perspectives and Frameworks
Jerome Bruner	Revision Session 1	Working Partnerships



Contextualised Maths (Health & Care) 1

Area	Formulae - Order of Operations	Ratio
Converting Units	Measuring Different Averages	Rounding Significant Figures
Creating Scales and Charts	Percentages	Standard Deviation
Direct and Inverse Proportion	Positive and Negative Number	Stem and Leaf Diagrams and Cumulative Frequency Tables
Formulae - Expression Variables and Constants	Quartiles and Boxplots	Tolerance and Interpreting Graph Scales

Resource Library



Health and Care L2 (A) 1

Accident and Illness Reporting	Health and Safety Policies	Positive Risk Taking
Causes of Infection	Health and Safety Responsibilities	Responding to Accidents and Illness
Designing a Safe Environment for Children	Infection Safety	Risk Assessments
Fire Safety	Intro to Health and Safety	Security Measures in the Work Settings
Food Safety	Introduction to Health and Safety Legislation	The Spread of Infection
Hazardous Substances	Moving and Handling	Work Related Stress
Hazards in Health and Social Care Environments	Personal Protective Equipment	



Health and Care L2 (B) 1

Bandura's Social Learning Theory	Intellectual Development in Adolescence	Physical Development in Adulthood
Catell's Personality Theory	Intellectual Development in Adulthood	Physical Development in Early Childhood
Emotional and Social Development in Adolescence	Intellectual Development in Early Childhood	Physical Development in Infancy
Emotional and Social Development in Adulthood	Intellectual Development in Infancy	Physical Factors Affecting Growth and Development
Emotional and Social Development in Early Childhood	Latané's Social Impact Theory	Piaget's Theory of Cognitive Development
Emotional and Social Development in Infancy	Life Events	Rogers' Theory of Personality
Eriksons Theory of Psychosocial	Life Stages	Skinner's Theory of Operant Conditioning
Eysenck's Personality Theory	Maslow's Hierarchy of Needs	The Development of Self Concept
Factors Affecting Growth and Development	Pavlov's Theory of Classical Conditioning	Theories of Human Development
Freud's Theory of Psychosexual Development	Physical Development in Adolescence	Vygotsky's Social Development Theory



Health and Care L3 1

Arthritis	Hypertension	The Endocrine System
Asthma	Male Reproductive System	The Eye
Blood	Malfunctions of The Ear	The Heart
Cell Structure and Function	Muscle Tissue	The Kidneys
Connective Tissue	Nervous Tissue	The Lymphatic System
Coronary Heart Disease	Osteoporosis	The Musculoskeletal System - Bones
Diseases of The Eye - Cataracts	The Brain	The Musculoskeletal System - Muscles
Diseases of The Eye (Glaucoma And Amd)	The Cardiovascular System	The Nervous System
Epithelial Tissue	The Digestive System	The Renal System
Female Reproductive System	The Ear	The Respiratory System



Health and Care L3 3

Abuse	Enforcing Organisational Policies and Procedures	Loss of Individual Rights - The Mental Capacity Act
Anti-Discrimination in Service Provision	Equality and Rights in the Social Care Setting	Personal Beliefs and Value Systems - Culture, Beliefs and Events
Codes of Practise	Essential Organisational Policies and Procedures	Promoting Equality and Diversity
Committing to the Care Value Base Through Communication	Groups, Stereotyping and Labelling	Protected Characteristics - Part 1
Communication and Terminology	Introduction to Equality, Diversity and Rights in Health and Social Care	Protected Characteristics - Part 2
Dealing with Conflict	Key Legislation for Children's Rights	Revision - Part 1
Developing Awareness in Practise	Key Legislation for Discriminatory Behaviour	Revision - Part 2
Discriminatory Behaviour	Key Legislation for People in Care Settings	The Effect of Socialisation, Environmental Influence
Discriminatory Practises in Health and Social Care - Part 1	Key Legislation for Sex, Race and Age	The Effects of Discriminatory Behaviour
Discriminatory Practises in Health and Social Care - Part 2	Loss and Protection of Individual Rights - Human Rights and Mental Health	The Four Principles of Health and Social Care Ethics



Health and Social Care - Domiciliary Care 8

Changing Support for Daily Living Tasks	Implementing Security Measures	Supporting Independence
Consent	Reducing Barriers to Communication	Supporting Individual Choice
Encouraging Active Participation	Risk Assessment	Why We Communicate
Equality and Inclusion	Support for Buying and Using Household and Personal Items	Working in an Inclusive Way
Handling Information	Support for Keeping the Home Clean and Secure	
Identifying Communication Needs	Support for Planning and Preparing Meals	

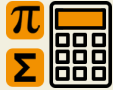
Resource Library

Vocational - Catering, Hospitality & Tourism



Catering L3 3

Attitudes and Behaviours Around Eating and Drinking Sustainably	Food Preservation Methods	Menu Engineering
Centralised and Decentralised Purchasing	Food Traceability	Molecular Gastronomy
Choosing Suppliers	Food Transportation	Organoleptic Properties of Food and Drink
Effects of Cultural Values on Eating and Drinking	GM Foods	Precision Agriculture
EU Protected Food Name Scheme	Hazard Analysis and Critical Control Point (HACCP)	Religion and Food and Drink
Factors Affecting How and What We Eat	Hydroponics	Revision - Part 1
Factors that Affect a Dining Experience	Introduction to Gastronomy	Revision - Part 2
Food Additives	Matching Beer with Food	Revision - Part 3
Food Miles	Matching Wine with Food	Stock Control
Food Nanotechnology	Media Influence on Eating and Drinking - Television	Supply of Commodities



Contextualised Maths (Catering) 1

Averages	Geometry and Area	Tables and Charts
Charts	Measurements	Times and Dates
Decimals	Negative Numbers and Temperature	Usinf Formulae
Estimating and Rounding	Percentages	Volume
Fractions	Ratio and Proportion	Weight



Hospitality L2 9

Adapting Communication Styles for Different Customers	Identifying Workplace Hazards	Providing Clear Information about Services and Products
Body Language [Video]	Maintaining a Secure Workplace	Providing Support to Team Members
Communication in Hospitality [Video]	Maintaining Service Standards During Busy Periods	Receiving Feedback [Video]
Communication Skills for Hospitality Teams	Maintaining Service Standards During Busy Periods [Video]	Responding Promptly to Customer Inquiries
Consistently Applying Organisational Standards [Video]	Managing Time Effectively in Hospitality	Responding to Emergency Situations
Creating a Positive First Impression with Customers	Minimising Waste [Video]	Safe Manual Handling Principles [Video]
Creating and Following a Personal Learning Plan	Minimising Waste in Hospitality Operations	Seeking and Responding to Feedback
Developing Professional Relationships with Colleagues	Non-Verbal Communication in Customer Service	Staying Calm and Professional [Video]
Effective Customer Greeting Techniques	Organisational Security Procedures [Video]	Techniques for Clear Communication [Video]
Effective Work Planning and Prioritisation	Organisational Standards for Customer Interaction	The Importance of Continuous Professional Development [Video]
Fire Safety Procedures in Hospitality	Personal Hygiene Standards in Hospitality	The Importance of Non-Verbal Communication [Video]
Handling and Reporting Workplace Accidents	Planning and Prioritisation in Hospitality [Video]	The Importance of Timely Responses [Video]
Handling and Reporting Workplace Accidents [Video]	Positive First Impressions [Video]	Time Management in Hospitality [Video]
Handling Customer Complaints Professionally	Positive Working Relationships [Video]	Understanding and Meeting Customer Expectations
Health and Safety Regulations in Hospitality	Principles of Safe Manual Handling	Understanding the Importance of Continuous Learning
Health and Safety Regulations in Hospitality [Video]	Problem Solving at Work [Video]	Understanding Your Role in a Hospitality Team
Identifying Customer Expectations [Video]	Problem-Solving in a Team Environment	What is a Personal Learning Plan? [Video]
Identifying Different Communication Styles [Video]	Proper Work Attire and Appearance	



Hospitality L3 9

Analysing Financial Performance in Hospitality	Leadership Styles in Hospitality Management [Video]	The Importance of Market Research [Video]
Analysing the Hospitality Business Environment	Market Research for Hospitality Business Ideas	The Power of a Great Business Plan [Video]
Building Effective Teams in Hospitality	Measuring Success in Hospitality Businesses	The Purchasing Cycle [Video]
Business Analysis [Video]	Meeting Diverse Customer Needs in Hospitality	The Purchasing Cycle in Hospitality
Conflict Management in Hospitality Teams	Menu Engineering and Pricing Strategies for Hospitality	The Structure of the Modern Hospitality Industry [Video]
Costing and Pricing Hospitality Products and Services	Monitoring and Improving Customer Service Performance	Types of Hospitality Businesses, Products and Services
Current Trends and Developments in Hospitality	Motivating Hospitality Teams	Types of Hospitality Businesses, Products and Services [Video]
Developing an Environmental Policy for Hospitality Organisations	Planning and Supervising Hospitality Teams	Understanding Diverse Customer Needs [Video]
Employment Opportunities in Hospitality	Principles of Customer Service in Hospitality	Understanding Financial Forecasting [Video]
Employment Opportunities in Hospitality [Video]	Sources of Funding for Hospitality Start-ups	Understanding Financial Information in Hospitality Businesses [Video]
Environmental Audits in Hospitality	Stock Control and Inventory Management	Understanding Financial Performance [Video]
Environmental Impacts of Hospitality Businesses	Sustainability in the Hospitality Industry	Understanding Start-up Funding [Video]
Environmental Impacts of Hospitality Businesses [Video]	Sustainability in the Hospitality Industry [Video]	Understanding Success Metrics [Video]
Financial Forecasting for a Hospitality Enterprise	Teamwork in Hospitality [Video]	Understanding Supply Chains [Video]
Financial Information in Hospitality Businesses	The Art of Handling Complaints [Video]	What is an Environmental Policy? [Video]
Handling Customer Complaints in Hospitality Settings	The Basics of Stock Control [Video]	What is Great Customer Service? [Video]
Introducing Motivation [Video]	The Evolution of Modern Hospitality [Video]	Why Monitor Customer Service? [Video]
Introduction to the Hospitality Industry - Structure and Scope	The Foundations of Effective Team Supervision [Video]	Writing a Business Plan for a Hospitality Enterprise
Leadership Styles in Hospitality Management	The Hospitality Supply Chain	

Resource Library



Travel and Tourism L2 1

Accommodation	Play and Activity Based Leisure	Travel and Tourism Sectors
Adventure Travel	Sport and Physical Recreation	Travelling by Air
Ancillary Services	Sustainable Tourism	Travelling by Rail
Art and Entertainment	The Leisure Industry	Travelling by Road
Countryside Recreation	The Role of Consumer Technology	Travelling by Sea
Ecotourism	Tour Operators	Types of Tourism
Food and Drink	Tourism and the UK Economy	Types of Travel
Health and Wellbeing Travel	Tourism development and Promo	Vertical and Horizontal Integration
Home Based Leisure	Trade and Professional Bodies	Visitor Attractions
Passenger Transport	Travel Agents	Voluntourism (v1.1)



Travel and Tourism L3 1

Airports	Environmental Concerns	Terrorism
Ancillary Services	Health Warnings	Tour Operators
Booking, Products and Independent Travellers	Holiday Frequency and Holiday Home Ownership	Tourism Development and Promotion
Component Industries	Lower Spending In EU Destinations	Trade Associations and Governing Bodies
Component Industries 2	Natural Disasters and Environmental Issues	Transport Developments
Core Components	Promotion and Tourist Information	Travel Agents - Business Travel
Cost of Travel	Regulations	Travel Agents - Retail
Domestic and Incoming Tour Operators	Revision	Trends And Factors
Economic Factors	Technological Advances	Types of Tourism
Economic Growth	Technological Developments	Visitor Attractions

Vocational - Engineering & Motor Vehicle



Electric Vehicles 8

An Introduction to EV Battery Technology	Costs and Emissions	Motor Construction
An Introduction to Hybrid Vehicles	Developments and Updates	Preparing to Maintain an EV
Basic Electrical Principles - Part 1	Diagnostics in Hybrid and Electric Vehicles	Removing and Refitting High and Low Voltage Components
Basic Electrical Principles - Part 2	Electric Vehicle Classifications and Configurations	Roadside Assistance
Battery Technology	HEV and EV Specific Systems	Safe Working Practices
Charging Methods	Hybrid Vehicle Classifications and Configurations	Safety Precautions
Control Systems	Introduction to EVs and Hybrids	



Engineering L2 1

Choosing Materials	Lean Manufacturing	New Technologies
Circuits and Circuit Diagrams	Machining	Printed Circuit Boards
Composite Materials	Material Processing	Renewable Energy
Computer Aided Manufacturing - CAD, CAM and CNC	Maths for Engineers - Analysing Data	Robots in Modern Production
Engineering Sectors and Products	Maths for Engineers - Area and Volume	Scales of Production
Fabricating	Maths for Engineers - Units of Measurement	Sheet Metal
Fault-Finding and Maintenance	Metal Extraction	Smart Materials
Forces and Moments	Minimising Waste	Sustainably Engineered Products - Smartphones
Forming - Casting and Forging	Modern High-Performance Materials	Working Safely in Engineering - Part 1
Fundamental Electrical Engineering Principles	Motion and Newton's Laws	Working Safely in Engineering - Part 2



Engineering L3 (A) 1

AC Theory - Components	Energy, Power and Efficiency	Newton's Laws of Motions
AC Theory - Series and Current	Equilibrium	Rectifiers and PSU
Capacitors	Equilibrium Continued	Resistance and Ohms Law
Conservation of Energy	Introduction to Phasors	Resistor Networks
CR Networks	Introduction to Vectors	Resistors
Current, Charge and Electricity	Kinetics	Shear Loading
Diodes	Kinetics and Gravity	SS Beams
Dynamics	Kirchoff's Laws	Stress and Strain
Elasticity	Magnetism	Vectors
Energy	Moments	Waveforms in Electronic Engineering

Resource Library



Engineering Principles L3 3

Angular Parameters - Part 1	Factorisation	Radians
Angular Parameters - Part 2	Fluids in a Narrowing Pipe	Revision - Mechanical Principles - Part 1
Application of Vectors	Forces Acting on a Submerged Surface	Revision - Mechanical Principles - Part 2
Arc Length and Areas of Sectors	Function of Sine Cosine and Tangent - Part 1	Revision - Mechanical Principles - Part 3
Archimedes Principle	Function of Sine Cosine and Tangent - Part 2	Revision - Mathematics - Part 1
Areas and Surface Areas	Indices	Revision - Mathematics - Part 2
Dynamic Forces and Friction	Lifting Machines	Sine and Cosine Rules
Electrical Principles - Part 1	Linear Equations	Thermodynamics - Part 1
Electrical Principles - Part 2	Logarithms	Thermodynamics - Part 2
Exponential Growth	Quadratic Equations	Volumes



Engineering L3 6

2D and 3D Drawing in AutoCAD and Printing	Factors Affecting the Performance of Teams in Engineering	Measuring, Marking Out and Drilling a Hole
Common Engineering Processes - Bench Fitting	Ferrous Materials	[Coming soon - Milling a Block]
Common Engineering Processes - Disassembly and Servicing	Health and Safety - COSHH	Preparation for Batch Production or Service Delivery
Common Engineering Processes - Electrical Connections	Health and Safety - Manual Handling	Principles of Engineering Drawing - Dimensioning and Tolerances
Common Engineering Processes - Fabrication and Welding	Human Factors Affecting Productivity in Engineering	Principles of Engineering Drawing - Drawing Conventions for Surface Finishing
Common Engineering Processes - Forming	Introduction to Technical Product Documentation and Specification	Principles of Engineering Drawing - Electrical Circuits and Symbols
Common Engineering Processes - Machining	Introduction to Turning	Principles of Engineering Drawing - Lettering Symbols and Abbreviations
Engineering Health and Safety - Personal Protective Equipment	Managing Health and Safety - Part 1	Principles of Engineering Drawing - Orthographic Projection and Title Blocks
Engineering Health and Safety - PUWER	Managing Health and Safety - Part 2	Principles of Engineering Drawing - Types of Engineering Drawings
Engineering Health and Safety - Risk Assessment	Manufacturing Engineering Processes and Services	Using a Lathe



Motor Vehicle L2 3

Accident Prevention	Good Housekeeping	Materials and Properties
Basic First Aid Part 1	Hand Tools	Measuring Tools used by Technicians
Basic First Aid Part 2	Hand Tools - Part 2	Occupational Health
Caring For Tools - Fixing Devices	Health and Safety Legislation - First Aid	Procedures and Processes
Communication in the Workplace	Health and Safety Regulations Under Hasawa - Management at Work	Revision Session 1
Control Of Substances Hazardous to Health (Coshh) Regulations 2002	Health and Safety Regulations Under Hasawa - Manual Handling	Revision Session 2
Diagnostic Equipment - Measuring	Health and Safety Regulations Under Hasawa - PPE	Riddor
Documenting	Health and Safety Regulations Under Hasawa - Puwer And DSE	Safety in the Industry Legislation - Pressure Systems and Noise
Environmental Protection Act	Health and Safety Regulations Under Hasawa - Workplace Regulations	Safety in the Industry Legislation - Working At Height and Lifting
Fire Prevention and Control	Introduction to Tte Motor Vehicle Industry and Health and Safety	Structure; Job Roles



Motor Vehicle L3 6

A Guide to Testing Sensors	Electric and Hybrid Vehicles - Part 2	Practical Tyre Handling - Part 1
ABS Fault-Finding	Electrical Resistance	Practical Tyre Handling - Part 2
Airbags	Electrical Symbols, Components and Circuits	Sensors and Actuators
Automatic Transmission - Planetary Gears	Electronic Stability Program Systems	Spark Plug Removal, Check and Fitting
Automatic Transmission - Torque Converter	Engine Management Systems	Steering Systems and Wheel Alignment
Braking Systems	Engine Misfire Fault-Finding	Suspension Systems
Circuit Theory Part 1 - Direct Current	Fault-Finding Tools	The Eight-Step Diagnostic Process
Circuit Theory Part 2 - Alternating Current	Manual Transmission - Clutch Operation and Diagnosis	Tyres
Coolant and Fuel Pressure Testing	Manual Transmission - Gears and Transmission Operation	Vehicle Lighting
Electric and Hybrid Vehicles - Part 1	Power Generation in Hybrid Cars	Wheel Bearings

Resource Library

Vocational - Hair and Beauty



Beauty L3 1

Appendages of the Skin and Hair Growth	Digestive System	Skin - Functions-Layers
Appendicular Skeleton	Endocrine System	Skin Disorders and Diseases
Arteries	Lymphatic System	Structure of Nails
Blood	Muscles	Subject Review
Bones and Joints	Muscles - How They Work	The Axial Skeleton
Bones and Muscles - Lower-Arms-Hands	Muscles and Bones - Lower-Legs-Feet	The Heart
Bones of the Face, Neck and Shoulders	Nail Disorders and Diseases	Urinary System
Cell Structure	Olfactory System	
The Central Nervous System (v1.1)	Respiratory System	



Contextualised Maths (Hair and Beauty) 1

Addition	Fractions Part 2	Percentages
Angles, Models & Shapes	Graphs Charts & Diagrams	Ratios
Decimals	Median Mode Range	Subtraction
Division	Multiplication	Tables
Fractions Part 1	Number Exercises	Weights and Measures



Hair and Beauty L2 1

Conducting Risk Assessment	H&S Review	Personal Protective Equipment
COSHH	H&S Review 2	Preventing Infection
Dermatitis	H&S Review 3	PUWER
Electricity at Work	H&S Signs Quiz	RIDDOR
Employer & Employee Responsibilities	Hazards & Risk	Risk Assessment
Finding H&S Information	Health & Safety Terminology	Safe Work Routines
Fire action	Health and Safety Regulations	Signs and Signage
Fire Safety	Manual Handling	Skin Tests
First Aid	Measuring liquids and chemicals	Using Products Safely
General Salon Hygiene	Personal Health & Hygiene	Work-Life Balance



Hair and Beauty L3 9

Anatomy and Physiology - Anatomical Terms (v1.1)	Benefits of Body Massage (v1.1)	Preparing for a Body Massage (v1.1)
Anatomy and Physiology - Cardiovascular System	Body Massage Aftercare	Preparing for Electrical Epilation
Anatomy and Physiology - Cells and Tissues (v1.1)	Client Consultation for Body Massage (v1.1)	Preparing for Spa Treatments
Anatomy and Physiology - Digestive System	Client Consultation for Electrical Epilation	Promoting and Selling Products and Services - Part 1
Anatomy and Physiology - Joints	Electrical Epilation - Skin and Hair	Promoting and Selling Products and Services - Part 2 (v1.1)
Anatomy and Physiology - Lymphatic System	Electrical Epilation Aftercare	Providing a Body Massage (v1.1)
Anatomy and Physiology - Nails	Introduction to Electrical Epilation	Roles and Responsibilities in a Salon (v1.1)
Anatomy and Physiology - Nervous System	Maintaining a Hygienic and Safe Working Environment (v1.1)	Spa Treatments
Anatomy and Physiology - Respiratory System	Methods of Communication	Test Your Skills - Promoting and Selling
Anatomy and Physiology - Skeletal System	Monitor and Maintain Spa Area	
Anatomy and Physiology - The Skin	Performing Electrical Epilation	

Resource Library

ICT and Business



5G  4

Fundamentals of Electronic Communication

Introduction to 5G Technologies

The Internet of Things Security

Industry 4.0

The Internet of Things



Artificial Intelligence  9

AI and Shopping [Video]

How Do Games Use AI? [Video]

The Ethics of AI (v1.1)

AI for Teaching and Learning

How Do Smart Speakers Work? [Video]

The Ethics of AI [Video]

AI for Teaching and Learning [Video]

How Does a Streaming Service Use AI? [Video]

Types of AI [Video]

AI in Daily Life

How Does GPS Use AI? [Video]

Using AI to Improve Employability

AI in Daily Life [Video]

Improving Your Presentation Skills with AI [Video]

Using AI to Improve Employability [Video]

AI in Industry (v1.1)

Introduction to AI

Using AI to Support Study Skills

AI in Industry [Video]

Introduction to AI [Video]

Using AI to Support Study Skills [Video]

AI in the Home [Video]

Personal Data and AI [Video]

What is Generative AI? [Video]

How AI Models Learn and Work

Robotics and AI (v1.1)


Writing Effective Prompts for AI

How AI Models Learn and Work [Video]

Robotics and AI [Video]

Writing Effective Prompts for AI [Video]



Business L2  1

Business Functional Areas

Internal Stakeholders

Staffing and Finance

Business Ideas

Justifying and Selling the Idea

Staffing Plans

Business Influences

Legal Considerations

Start-up Costs and Cash Flow

Business Plan

Means of Delivery

Targeting Customers

Business Structures

Measures of Success

The Business Environment

Competitors as Stakeholders

Resources Material and Equipment

The Make or Buy Decision

External Stakeholders

Resources Premises

Trends

Factors Affecting Success or Failure

Size and Type of Business

Types of Business

Finding Information

SMART Objectives


Types of Business - Limited Companies

How Marketing Affects the Business

Solutions to Customer Needs

Vision Mission and Values



Business L3  6

An Introduction to Business Ethics

Income and Expenditure

Performance Appraisals

Break-Even Analysis

Management and Leadership

Planning for a Business Event

Building Effective Teams in Business - Part 1

Managing Human Resources - Part 1

Recruitment and Selection Processes

Building Effective Teams in Business - Part 2

Managing Human Resources - Part 2

Roles and Skills of an Event Organiser

Cash Flow Forecasts and Financial Documents

Managing Personal Finance - Part 1

Sources of Finance

Conducting a Marketing Audit - PESTLE and SWOT

Managing Personal Finance - Part 2

The Ansoff Strategy and Market Planning

Effective Leadership in Business

Market Research

The Importance of Recruitment and Selection

Exploring Business - Part 1

Market Segmentation

The Marketing Mix - Price and Promotion

Exploring Business - Part 2

Monitoring Business Performance - Part 1


The Marketing Mix - Product and Place

Exploring Ideas for a Micro-Business Start-up

Monitoring Business Performance - Part 2

Training Analysis and Provision



Business L3 - Working in Business  4

Arrangement of Business Meetings

Document Content Protocols

Meeting Documentation

Authority Protocols

Employment Contracts

Methods of Communication

Business Documents - Employee Documents

Equal Opportunities Legislation

Organisational Structure

Business Documents - Transaction Documents

Factors that Influence Task Prioritisation

Payment Methods

Business Travel Arrangements

Financial Documents - Bank Statements

Printed Communication

Characteristics of Business Communication

Financial Documents - Budget Variance

Prioritising Business Tasks

Checking Protocols

Financial Documents - Payslips

Professional Etiquette

Conference Documentation

Health and Safety Legislation

Recruitment Documentation

Confidentiality Protocols

IT Security Protocols

Reviewing Business Communications

Controls on Advertising

Marketing Documentation

Using Information to Inform Prioritisation

Resource Library

Business L3 - The Business Environment 1

Business Environment

Business Ownership

Changes in Supply and Demand

Core Aims and Objectives of a Business

Factors that Influence Demand

Factors that Influence Supply

Functional Areas of Business

Influences on Strategic Planning

Organisational Structure

PESTLE Legal Factors

PESTLE Political Factors

PESTLE Social Factors

Stakeholders

Strategic Planning Process

The Business Environment

Business L3 - Introduction to Marketing 1

Consumer and Customer

Introduction to Marketing

Law - Sale of Goods and Data Protection Act

Law Consumer Protection

Market Segmentation

Marketing Research

Marketing Strategies

MM Place

MM Price

MM Product

PESTLE Marketing Planning

Promotion

Revision Session

SWOT and SMART

The Marketing Mix



Computing L3 2

An Introduction to Networks

Application Software

Collecting Data Using Hardware and Software

Computer Hardware and Software

Computer Input and Output Devices

Computer Output Devices

Computer Systems for Data Processing

Controlling and Managing System Components and Tasks

Data Backups and Security

Database Design and Implementation

Factors Affecting Choice of Hardware

Factors Affecting Choice of User Interface

Factors Affecting Use and Performance of Operating Systems

Factors Effecting Choice, Use of Internal Components

File Systems

Mobile Devices

Multi-Functional Devices

Network Security

Open Source Software

Operating Systems

Personal Computers

Processing Data - Aggregation, Analysis And Conversation

Revision Session 1

Revision Session 2

Secondary Storage and Data Redundancy

Servers

Sharing Data

Testing Data Systems and Terminology

The Purpose and Functions of a Database

Utility Software



Contextualised Maths (Business) 1

Creating Sales, Charts and Scatter Charts

Direct and Inverse Proportion

Formula

Income Tax and NI Contributions

Measuring Different Averages and Ranges of Data

Order of Operations (Formulae)

Positive and Negative Numbers

Probability

Quartiles Quartile Ranges and Boxplots

Ratio

Rounding and Foreign Exchange Calculations

Simple Compound Interest for Loans and Mortgages

Standard Deviation

Stem and Leaf Diagrams and Cumulative Frequency

Working with Percentages



Cyber Security 9

A Brief History of Hacking

Access Control

Cyber Security and Social Impact

Cyber Security Weaknesses

Data Protection and Defining Information

Data Storage

Malware

Networks and Network Threats

Password Management

Smartphones and Cyber Security

Social Engineering

Software Updates and Patches

The Computer Misuse Act

The Impact of AI on Cyber Security

Web Bots



Essential Digital Skills 5

Getting Connected to the Internet (v1.1)

Getting Started - Being Safe Online

Getting Started - Creating and Editing Documents Using a Word Processor

Getting Started - Online Job Hunting

Getting Started - Searching the World Wide Web

Getting Started - Setting Up a Desktop

Getting Started - Setting Up and Using Emails

Getting Started - Shopping Online

Getting Started - Taking Photos with Your Smartphone

Getting Started - Using a Smartphone for Entertainment

Getting Started - Using a Touch Screen Device

Getting Started - Using Online Banking (v1.1)

Getting Started - Using Online Services

Getting Started - Using Social Media (v1.1)

Getting Started - Using Spreadsheets to Work with Numbers

Getting Started - Using Video Calling

Getting Started - Using Your Computer

Learning More - Accessibility on Digital Devices

Learning More - Analysing Data Using a Spreadsheet

Learning More - Creating Charts Using a Spreadsheet

Learning More - Creating Digital Presentations

Learning More - Formatting Documents Using a Word Processor

Learning More - Identifying and Solving Technical Problems

Learning More - Online Learning Options

Learning More - Recognising Online Dangers

Learning More - Searching for Information on Websites

Learning More - Sharing Your Online Data

Learning More - Storing and Managing Online Data

Learning More - Your Online Identity

Understanding Digital Devices

Resource Library



Digital Marketing and Social Media 🔊 7

An Introduction to Mobile Social Media	Digital Vouchers	Online Display Advertising
An Introduction to SEO And SMO	Influencers and Digital Marketing	Sales Funnels
Artificial Intelligence and Digital Marketing	Introducing Analytics	Selecting Social Media Channels
Augmented Reality and Digital Marketing	Introducing Search Engine Marketing	Shoppable Content in Digital Marketing
Building a Brand for Social Media	Live Digital Marketing	Social Media and Risk Management
Campaigns for Social Networking Sites	Making Sense of Metrics	The Legal Side of Marketing
Content Collaboration in Digital Marketing	Making the Most of a CMS	Understanding a Business Environment
Conversational Marketing	Marketing in the Metaverse	What Is a CMS?
Copywriting for Different Platforms	Marketing Segments and Making Strategies	What is Email Marketing?
Customer Relationship Management in Digital Marketing	Mobile Content and Viral Marketing	What Makes a Marketing Strategy?



Digital Technologies L3 🔊 2

Access Control and Methods	Infrastructure and Physical Technology Systems	Revision Session - Access Control, Threats and Countermeasures
Access Control Challenges and Threats	Logical and Physical Access Control	Security Vulnerabilities Associated with Storage Media
Access Control Threats and Counter-Measures	Malicious Code, Malware and Countermeasures	The Importance of Information Security
Cryptography Addresses	Protecting Against Malicious Code and Malware	Types of Cryptographic Algorithms
Information Security Threats	Protecting Physical and Virtual Resources	User Risks and Threats to Access Control



Enterprise L2 🔊 1

Are you ready to be an entrepreneur?	Entrepreneurial Mind-set	Networking
Business Monitoring	Finance Start Up	Overcoming Failure
Business Success	Generating Ideas	Prioritising
Characteristics of an Entrepreneur	Goals	Recognising Trends
Communication	Identifying Personal Strengths and Weaknesses	Recruitment and Training
Communication Types and Effectiveness	Introductions	Reflect on personal Performance
Decision Making	Leadership	Risk
Delegation	Maintaining Momentum	Skills
Developing Leadership Skills	Marketing through Social Media	Stakeholders
Entrepreneur Round Up	Negotiation	Stress



ICT L2 🔊 3

Analogue and Digital Data - ASCII	Internal Components of a Computer - Part 2	Programming Terms - Part 1
Analogue and Digital Data - Binary	Internal Components of a Computer - Part 3	Programming Terms - Part 2
Automated Systems and Other Devices	Key Terms - Part 1	Revision - Part 1
Binary Key Terms and Practice	Key Terms - Part 2	Revision - Part 2
Computer Networking	Key Terms - Part 3	Revision - Part 3
Developing Systems and Identifying Issues	Key Terms - Part 4	Software - Productivity Installation Upgrades
External Components of a Computer	Networking and Staying Safe	Software - Software and Operating Systems
Hardware Devices	Planning a Program	Technology Systems in Different Sectors
High and Low Level Programming Languages	Program Design - Flow Charts	Transferring Data - Part 1
Internal Components of a Computer - Part 1	Programming Concepts	Transferring Data - Part 2



IT and Software Development L2 🔊 2

An Introduction to Computer Programming	Introduction to the Software Development Cycle	Software Design Techniques
Consistency and Standardisation in Programming	Reasons for Choosing a Language	Software Development Lifecycle Part 2
Documentation	Software Design – DFD and ERD	Testing Activities
Features of Languages	Software Design - Unified Modelling Language (UML)	The Purpose of Software Development in Business
Health and Safety	Software Design Algorithms	Types of Programming Languages

Resource Library



Leadership and Management L4 9

Applying Management Styles	Groups and Teams	Personal Professional Development
Attitudes and Assumptions	Human Behaviour at Work	Personal Responsibility
Authority and Influence	Job Evaluation and Grading	Planning Performance Reviews
Collecting and Analysing Data	Management Reporting	Reviewing Staff Performance
Conducting an Interview	Managing Change	Staff Welfare
Constructing a Management Report	Managing Virtual Teams	Stakeholder Expectations and Engagement
Delegation and Empowerment	Organisational and Individual Values	Styles of Management
Ensuring Equality and Diversity	Organisational Culture	The Impact of Difference
Formal and Informal Group Norms	Organisational Stakeholders	Types of Interviews
Group Development and Maturity	Personal Development Plans	Vision and Purpose



T-Level - Digital Production, Design and Development 8

Algorithms	Emerging Trends and Technologies - Artificial Intelligence	Program Structure
Cloud Environments	Emerging Trends and Technologies - The Internet of Things	Security Risks
Computational Thinking	Environment Resilience	Technical Change Management
Computer Misuse Act	File Handling in Python	Testing Software
Data and Information	Functions, Procedures and Sorting in Python	The Risks of Digital Technologies
Data Management	Moral and Ethical Issues	The Value of Digital
Data Systems	Network Communications	Threat Mitigation
Data Types and Formats	Networks	Validation and Errors
Digital Applications in Business	Physical Environments	Virtual Environments
Emerging Trends and Technologies - AR and VR	Program Data and Operators	Workplace Monitoring



T-Level - Management and Administration 9

Business Ethics	Financial Reporting - Key Terminology [Video Series]	Quality Standards - Quality Standards [Micro]
Business Functions - Finance [Micro]	Legal Entities for Organisations - Charity Organisations [Video]	Quality Standards - The BSI Kitemark [Micro]
Business Functions - ICT [Micro]	Legal Entities for Organisations - Community Interest Company (CIC) [Video]	Quality Standards - The European Foundation for Quality Management [Micro]
Business Functions - Marketing [Micro]	Legal Entities for Organisations - Company Limited by Guarantee [Video]	Recruitment
Business Functions - Production [Micro]	Legal Entities for Organisations - Cooperative [Video]	Staff Development - Continuing Professional Development (CPD) [Micro]
Business Functions - Research and Development [Micro]	Legal Entities for Organisations - Franchise [Video]	Staff Development - Performance Reviews [Micro]
Business Functions - Understanding Business Functions and Roles [Micro]	Legal Entities for Organisations - Limited Liability [Video]	Staff Development - Personal Development Plans [Micro]
Business Planning	Legal Entities for Organisations - Multi-National Company [Video]	Staff Development - Staff Development [Micro]
Business Structures	Legal Entities for Organisations - Partnership [Video]	Staff Development - Staff Inductions [Micro]
Communication in a Business	Legal Entities for Organisations - Private Limited Liability Company [Video]	Staff Welfare
Consumer Protection	Legal Entities for Organisations - Public Limited Liability Company [Video]	Stakeholders
Employment Contracts - Agency Contracts [Video]	Legal Entities for Organisations - Social Enterprise [Video]	Test Your Knowledge - Equality and Diversity
Employment Contracts - Contracts for Self-Employed Workers [Video]	Legal Entities for Organisations - Sole Trader / Proprietor [Video]	The Business Environment
Employment Contracts - Employment Contracts [Video]	Legal Entities for Organisations [Video Series]	The Digital Landscape
Employment Contracts - Freelance Contracts [Video]	Legislative and Regulatory Frameworks - Bribery Act [Video]	The Employee Life Cycle
Employment Contracts - Permanent Contracts [Video]	Legislative and Regulatory Frameworks - Climate Change Act [Video]	The Size of a Business
Employment Contracts - Temporary Contracts [Video]	Legislative and Regulatory Frameworks - Competition Act [Video]	Types of Organisation - Charities [Video]
Employment Contracts - Zero-Hours Contracts [Video]	Legislative and Regulatory Frameworks - Data Protection Act [Video]	Types of Organisation - Private Sector Organisations [Video]
Employment Contracts [Video Series]	Legislative and Regulatory Frameworks - Environment Act [Video]	Types of Organisation - Profit and Non-Profit Organisation [Video]
Equality and Diversity at Work	Legislative and Regulatory Frameworks - Equality Act [Video]	Types of Organisation - Public Sector Organisations [Video]
Financial Reporting - Key Terminology - Account Balance [Video]	Legislative and Regulatory Frameworks - Health and Safety at Work Act [Video]	Types of Organisation - Social Enterprises [Video]
Financial Reporting - Key Terminology - Assets [Video]	Legislative and Regulatory Frameworks - Working Time Directive [Video]	Types of Organisation - The Three Sectors [Video]
Financial Reporting - Key Terminology - Balance Sheet [Video]	Legislative and Regulatory Frameworks [Video Series]	Types of Organisation - Voluntary Organisation [Video]
Financial Reporting - Key Terminology - Cash Flow [Video]	Maintaining and Improving Quality	Types of Organisation [Video Series]
Financial Reporting - Key Terminology - Entry Adjustment [Video]	Management Styles	Useful Techniques and Models - 7 Ps of Marketing [Micro]
Financial Reporting - Key Terminology - Liabilities [Video]	Measuring Quality	Useful Techniques and Models - PESTLE Analysis [Micro]
Financial Reporting - Key Terminology - Net and Gross Profit [Video]	Organisational Culture and Values	Useful Techniques and Models - SMART Targets [Micro]
Financial Reporting - Key Terminology - Profit Margins [Video]	Organisational Governance	Useful Techniques and Models - SWOT Analysis [Micro]
Financial Reporting - Key Terminology - Revenue [Video]	Organisational Impact	Working in a Team
Financial Reporting - Key Terminology - VAT [Video]	Quality Standards - ISO Standards [Micro]	

Resource Library

Vocational - Media & Arts



Art and Design L2

Analytical Drawing Techniques	Formal Elements - Line, Shape, Form and Tone	Introduction to Product Design
Art History	Formal Elements - Texture, Pattern and Composition	Introduction to Textiles
Art History - Graphic Design Part 1	Health And Safety	Introduction to Visual Arts
Art History - Graphic Design Part 2	How to Analyse an Artist's Work	Introduction to Woodcraft
Art History – Postmodernism	How to Record Artwork	Responding to A Client Brief And Resources Of Information
Art Movements 1	Introduction to Ceramics	Responding to Stimuli
Art Movements 2	Introduction to Glasswork	Revision Session - Specialist Pathways
Design Principles	Introduction to Graphic Design	Revision Session 1
Experimentation and Sampling	Introduction to Metal Craft	Understanding and Working to a Client Brief
Formal Elements - Colour	Introduction to Photography	What is Art?



Esports L3

Developing a Career in Esports	Health, Wellbeing and Fitness	Preparing for Shoutcasting
Esports Analysis	Introduction to Esports	Shoutcasters and Hosts
Esports as a Sport	Live-Streamed Broadcasting	Skill, Strategy and Teamwork
Esports Teams	Live-Streamed Broadcasting - Technical Aspects	Success in Esports
Genres in Esports	Micro, Macro and Meta	Who Plays Esports?



Esports L2

Being Successful in Esports	Esports Events	Global Esports
Branding and Esports	Esports Genres	Introduction to Streaming
Esports and Mental Health	Esports Leagues	Running a Stream
Esports Enterprises	Esports Tournaments	Understanding Branding
Esports Event Management	Genre-Specific Skills and Strategies	Understanding Esports Tiers



Media L3

Analysing Data	Genre Representations and Narrative in Media	Media Regulators - BBFC
Analysing Media - Part 1	Independent Organisations in the Media	Media Regulators - Ofcom
Analysing Media - Part 2	Introduction to Media Industries	Owning and Organising Media
Audience Needs	Key Terms - Part 1	Production Phases and Processes - Part 1
Building Audience Profiles	Key Terms - Part 2	Production Phases and Processes - Part 2
Case Studies - Copyright Cases	Market Possibilities	Purpose of Research
Case Studies - Market Possibilities	Marketing and Advertising	Research Methods - Part 1
Case Studies - Ofcom	Mass Versus Niche Media and Audiences	Research Methods - Part 2
Copyright Concerns	Media Effects - Part 1	Revision - Media Types and Audience Needs
Distribution and Convergence	Media Effects - Part 2	Revision - The Media Industry

Resource Library

Sport & Public Services



Public Services L2 1

Anti-Discrimination	Human Rights and Public Services	Promoting Good Citizenship
Aspects of Citizenship	Impact of Public Services on Society	Responsibilities of Citizens
How Surveillance is Used by Different Public Services	Individual Rights - Equality and Discrimination	Responsibilities of Public Services Employees
Codes of Practice, Values and Standards	Individual Rights - Your Dignity	Revision Session
Discrimination	Inequality	Rights Within The Criminal Justice System
Equal Opportunities	Impact of the Growth of Information and Communications Technology	Safety Responsibilities of Employers
Good Citizenship	Positive and Negative Aspects of Government Policy	The Cost of Equal Opportunities
How Public Services are Affected by Changes in Society	Public Services Affected By Finances and Social Inequality	The Cost of Public Services
How Public Services Meet the Needs	Public Services and Equality	The Impact of Change in Society
Human Rights	Public Services and Legislation	Why Public Services are in Place



Public Services L3 2

Affordable Housing Policy - Case Study	Formal Legislative Procedures	Preparing for a Debate in the House of Commons 1
Care Quality Commission	Government Policies - Funding Cuts	Preparing for a Debate in the House of Commons 2
Central Government	HM Inspectorates	Public Inquiries and their Effect on Government Policy
Civil Disobedience	Home Office	Representation from Outside Government
Clean Air Strategy - Case Study	Independent Police Complaints Commission	Revision Session 1
Declaration of War	Introduction to Levels of Government	Revision Session 2
Devolved Parliaments	Local Authorities	Social Responses to Government Policies
Election Campaigns	Migration - Case Study	The role of Government Committees in Creating Policy
Election Processes	Ministry of Defence	The role of Government Departments in Creating Policy
European Parliament	Ministry of Justice	UK Government Policies that Affect all the Public Service



Public Services L3 8

Additional Careers with the Public Services	Emergency Services and Incident Response	Public Service Portrayals in the Media
Approaches to Reduce Crime and Disorder	Environmental Policies and Practices	Rights and Responsibilities of Employees
Authority in the Public Services	Extended Research for Public Service Roles	Rights and Responsibilities of Employers
Career Planning for Public Services	Fitness Requirements for Uniformed Public Service Roles	Security Roles and Responsibilities in Public Services
Citizenship and Diversity	Government Policies and Public Services	Styles of Leadership and Team Development
Court Structures and Systems	Government Structures, Levels and Elections	Technology Systems in the Public Services
Crime - Victim and Witness Support	Human Rights Within the UK	Terrorism, Conflict and Public Services
Criminal Trial Proceedings	Legislation, Sentences and Orders	The Impact of Crime on Communities
Data Interpretation in Public Services	Police Powers in Public Service Roles	Voluntary Work in Public Services
Delivery and Management of Social Welfare Services	Preparing for Major Incidents	What is the Social Welfare System?



Sport L2 1

Additional Fitness Training Principles	Exam Revision 1	Power and Strength Testing
Additional Requirements for Each Training Method	Exam Revision 2	Skinfold Testing
Aerobic Endurance Testing	Fitness for Sport and Exercise	Smart Targets
Aerobic Endurance Training	Fitness Testing	Speed and Agility Testing
Applying the Principles Of Training	Flexibility Testing	Speed Training
Body Composition Testing	Flexibility Training	Superstars Skill Related Fitness
Circuit Training	Free Weights	Types of Training
Components of Physical Fitness	Importance of Components	Understanding Exercise Intensity
Components of Skill Related Fitness	Introduction to Fitness Testing	Understanding Fitness Components
Different Training Methods	Muscular Endurance Testing	Understanding Basic Principles of Training

Resource Library



Sports L3 (A) 1

Adaptations of Energy Systems	How Muscles Work	Responses of the Cardiovascular System
Adaptations of the Cardio System	Joints And Their Functions	Structure and Functions of Muscles
Breathing Control	Joints Of The Body	Structure of the Cardiovascular System
Exam Revision 1	Lactate Energy System	Structure of the Skeleton
Exam Revision 2	Lung Volumes	The Aerobic System
Exam Revision 3	Movement	The Energy System
Factors Affecting Energy Systems	Muscle Fibres	The Lactate System
Function of the Respiratory System	Muscular Adaptations	Understanding the ATP System
Functions of the Cardio System	Nervous Control of the Cardio System	
Functions of the Skeletal System	Response of the Respiratory System	



Sports L3 (B) 2

Additional Fitness Training Principles	Effects of a Balanced Diet on Health and Well Being	Interpreting Results of Health Monitoring Tests
Aerobic Endurance Training	Energy Balance	Lifestyle Factors - Alcohol
Agility Training (V1.1)	Energy Measures	Lifestyle Factors - Smoking
Balance, Coordination and Reaction Time Training	Ergogenic Aids	Lifestyle Factors - Stress
Balanced Diet - Eatwell Guide	Fitness Periodisation	Muscular Strength Training
Basic Fitness Training Principles	Fitness Training Programme Design	Power Training
Components of A Balanced Diet	Flexibility Training	Revision Session
Components of Physical Fitness	Health Monitoring Test (Bmi And Waist To Hip Ratio) (v1.1)	Speed Training
Components of Skills Related Fitness	Health Monitoring Tests Rhr, Bp And Lf	Sports Drinks
Core Stability Training	Health Screening Process	The Effects of Exercise and Physical Activity



Sports Coaching and Development 9

Business Models and Resources - Human Resource Management [Micro]	Energy Systems	Psychological Factors in Sports Leadership
Business Models and Resources - Job Roles and Responsibilities in Sport [Micro]	Fitness Testing - Aspects of Fitness Testing [Micro]	Psychological Skills
Business Models and Resources - PESTLE Analysis [Micro]	Fitness Testing - Fitness Tests for Assessing Athletic Attributes [Micro]	Quality of Research
Business Models and Resources - Resource Management for Sports Businesses [Micro]	Fitness Testing - Fitness Tests for Assessing Endurance, Power and Strength [Micro]	Research Methods
Business Models and Resources - SWOT Analysis [Micro]	Fitness Testing - Validity and Reliability in Fitness Testing [Micro]	Teaching and Learning Strategies
Business Operations - Business Aims and Objectives [Micro]	Group Dynamics in Team Sports	The Cardiovascular System
Business Operations - Classifying Businesses [Micro]	Importance and Types of Research	The Impacts of Sports Provision - Local and National Stakeholders in Sport [Micro]
Business Operations - Customers [Micro]	Information Processing	The Impacts of Sports Provision - Social, Economic and Cultural Impacts of Sports Provision [Micro]
Business Operations - Facilities, Programmes and Services [Micro]	Leadership Styles	The Impacts of Sports Provision - Stakeholder Functions and Personnel [Micro]
Business Operations - Stakeholders [Micro]	Lifestyle and Nutrition	The Impacts of Sports Provision - The Wider Impacts of Sports Provision on Society [Micro]
Careers and Job Opportunities	Marketing and Finance - Business Finance [Micro]	The Muscular System
Characteristics of a Sports Leader	Marketing and Finance - Customer Service [Micro]	The Respiratory System
Characteristics of Skilled Performance	Marketing and Finance - The 7 Ps of Marketing [Micro]	The Skeletal System
Commercialisation and the Media - Sustainable and Ethical Commercialisation of Sport [Micro]	Marketing and Finance - Understanding Trends [Micro]	Theories of Teaching and Learning
Commercialisation and the Media - The Impacts of Media and Commercialisation on Sport [Micro]	Measuring Sports Development	Training Methods
Commercialisation and the Media - The Media and Sport [Micro]	Participation, Inclusivity and Barriers	
Employability Skills	Personality, Motivation and Competitive Pressure	

Resource Library

Vocational - Trade Profession



Brickwork and Carpentry L2 2

Collared and Double Roofs	Foundations - Starting at the Beginning	Revision Set 2 - Sustainability
Communication - Job Roles	Information Sources Part 1	Revision Set 3 - Roofs and Floors
Communication - Ordering Supplies	Information Sources Part 2	Revision Set 4 - Internal and External Walls
Communication and Information	Information Sources Part 3	Roof Components
Communication and Information part 2	Information Sources Part 4	Roof Construction - Flat Roofs
Communication and Information part 3	Internal and Part Walls	Roof Construction - Flat Roofs 2 Insulation
Coupled Roofs	Lean-to Roofs	Roof Construction - Flat Roofs 3 Waterproofing
Eco-Efficiency P3 - Renewable Energy	Materials - Blocks the Basics	Roof Coverings
Eco-Efficiency Part 1 Solar Power	Materials - Brick the Basics	Setting out foundations Part 1
Eco-Efficiency Part 2 Passive Solar Design	Materials - Brickwork Bonds	Setting out foundations Part 2
Eco-Efficiency Saving Water - Harvesting Water	Materials - How Bricks are Made	Solid Floors
Energy Efficiency - Heat Transference	Materials - Intro to Mortar	Suspended Concrete Floors
Energy Efficiency - Roofs and Lofts	Materials - Mortar Admixes	Suspended Timber Floors
Energy Efficiency - Walls and Floors	Materials - Render	Timber Construction
Environmentally Friendly Materials - FSC Timber	Materials - The Purpose of Mortar	Timber Upper Floors
Exterior Wall Construction	Materials for foundations	Timber Wall Construction
Factors affecting foundations part 1	Other Roofs and Terminology	Trussed Roofs
Factors affecting foundations part 2	Protecting the Natural Environment Part 1	Types of foundation
Floor Construction Introduction	Protecting the Natural Environment Part 2	Understanding communication in the workplace
Flooring Calculations	Revision Set 1 - Foundations	Walls - External Introduction



Construction, Carpentry and Brickwork (L3) 7

Arches	Guttering and Downpipes	Repairing Timber
Brickwork Arches	Health and Safety in Construction	Roofing Structures and Components
Causes of Timber Deterioration and Decay	Information in the Workplace	Special Bricks
Chimneys, Fireplaces and Flues	Internal and External Walls	Staircases with Turns
Circular Sawing Machines	Mortice Machines	Sustainable Construction
Decorative Brickwork Features	Non-Standard Doors	Tenders and Quotes
Door Ironmongery	Openings in Roof Structures	The Safe Use of Machinery
Effective Communication	Planning Permission and Building Control	Three-Dimensional Drawings
Floors	Project Management	Windows
Foundations	Repairing Masonry Structures	Working at Height



Contextualised Maths (Construction) 1

Advanced Fractions	Fractions	Proportions
Algebra Basics	Indices	Ratio
Calculating Area	Measurement Conversion	Rounding
Converting Currency	Perimeter of Shapes	Standard Form
Decimals to Percentages	Powers of 10	Weights and Measures



Electrical Installation L2 6

Accidents at Work	Fire Safety	Risk Assessment
An Electrician's Toolkit	First Aid at Work	Roles and Responsibilities in Health and Safety
Asbestos	Health and Safety Legislation - Part 1	SI Units of Measurement
Conductors and Insulators	Health and Safety Legislation - Part 2	Technical Information Used in Electrical Work
Conduit Installations	HSE Inspections	Terminating and Connecting Conductors
Data Cables	Lighting Circuits	Trunking Installations
Diagrams and Drawings Part 1 - Graphical Symbols	Main Roles of the Construction Team	Types of Diagrams and Drawings
Diagrams and Drawings Part 2 - Scale Drawings	Manual Handling	Types of Safety Sign
Electric Shock	Personal Protective Equipment	Warning Symbols for Hazardous Chemicals
Emergency Procedures	Portable Electrical Appliance Testing	Working at Height

Resource Library



Electrical Installation L3 6

A Sustainable Future - The Reasons For Change	Environmental Technologies for Heating - Heat Pumps	Sources of Energy - Water
Building Regulations and the Code for Sustainable Homes	Lights and Lamps	Sources of Energy - Wind
Circuits and Circuitry	Mathematical Concepts for Electrical Installers	The Construction Team
Conduits and Trunking	Overcurrent Protection	The Electrical Team
Determining Competence	Principles of Illumination	Work Site Preparations
Eco-Friendly Electrical Technologies and Installations	Protecting the Environment - Part 1	Working Communications - Part 1
Emergency Management Systems	Protecting the Environment - Part 2	Working Communications- Part 2
Environmental Technologies - Combined Heat and Power	Sources of Energy - Geothermal	Working with Technical and Work-Related Information - Part 1
Environmental Technologies and the Local Authority	Sources of Energy - Hydrogen	Working with Technical and Work-Related Information - Part 2
Environmental Technologies for Heating - Bioenergy and Biomass Heating	Sources of Energy - Solar	Working with Waste and the Environment



Painting and Decorating L2 8

Access Equipment	Metalwork in Decorating	Priming Timber
Brushes and Rollers	Methods for Paint Removal	Removing Wallpaper
Choosing Wallpaper Adhesive	Organisational Systems of Colour	Selecting Wallpaper
Cleaning and Storing Equipment	Paint - Application and Drying	Surface Defects
Colour and Light	Paintwork - Broken Colour Effects	Sustainable Painting and Decorating
Damp Proof Courses	Personal Protective Equipment	The Colour Wheel
Hanging Wallpaper	Plaster Cracks	Using Tape
Hazardous Materials	Plasterboards and Trowelled Finishes	Water-borne and Solvent-borne Materials
Health and Safety in Painting and Decorating	Plasterwork	Working Out Paint Volumes
Marble Paintwork Effects	Preparing a Workspace	Working with Stencils



Plumbing L2 2

Accurate measurement & pipe bending	Insulation in Plumbing Systems	The Properties of Plastic Plumbing Materials
Capillarity & the effects on different materials	Introduction to Central Heating	The Siphon
Central Heating Systems Part 2	Plumbing L2 - Revision 1	Tools & Equipment for Pipe installation
Corrosion Oxidation & Degradation of Metals	Plumbing L2 - Revision 2	Types of plumbing fittings
Degradation of Plastics	Plumbing L2 - Revision 3	Types of Water
Electrical Power Generation	Plumbing Materials - Properties of Metals	Units of measurement
Electricity P1	Plumbing Materials – The types of metals	Velocity Pressure and Flow Rate in Plumbing
Electricity P2 AC-DC	Pressure	Water & the Effects of Temperature
Gasses used in the Building Sector	Principles of safe combustion	Water Treatment
Heat Transfer - Conduction Convection Radiation	Specific Heat Capacity	Working with Fittings



Plumbing & Gas L3 3

Avoiding Conflict	Leading The Project Part 1	Risk Assessments Part 2
Building and Effective Team	Leading The Project Part 2	Self-Motivation and Motivating The Team
Building Services Engineering	Method Statement	Starting out with Effective Communication
Communication and Why it Fails	Personal Safety Equipment for Plumbers	Starting to Plan and Organise Work
Construction Trades - Risky Business	Problem Solving and Decision Making	Supervising the Plumbing Team
Creating Work Programmes Part 1	Revision Session 1	Supervision and Supervisory Skills
Creating Work Programmes Part 2	Revision Session 2	The BSE Businesses, People and Their Roles
Customers and Contracting Clients	Revision Session 3	Understanding Effective Communication
Health and Safety	Revision Session 4	Variation Orders
Implementing Health and Safety Policy in your Work	Risk Assessments Part 1	Working Together as a Team

Resource Library

Vocational - Other



Animal Care L2 2

Animal Checks - Pulse and Respiration	Faecal Consistency and Colour Checks for Rabbits, Goats, Chickens and Bearded Dragons	The Roundworm - an Internal Parasite
Animal Checks - Temperature	Food and Water Consumption and General Appearance Checks	The Tapeworm - an Internal Parasite
Animal Checks - Weight and Diagnostic	Introduction to Animal Health Checks	The Tick - an External Parasite
Behaviour and Temperament Checks for Cats and Rabbits	Myxomatosis	Weekly Physical Checks for Bearded Dragons
Behaviour and Temperament Checks for Dogs	Posture, Movement and Urine Colour Visual Checks (v1.1)	Weekly Physical Checks for Cats
Behaviour and Temperament Checks for Goats, Chickens and Bearded Dragons	Revision - Part 1	Weekly Physical Checks for Chickens
Dermatophytosis	Revision - Part 2	Weekly Physical Checks for Dogs
Disease-Causing Microorganisms	Salmonellosis	Weekly Physical Checks for Goats
Disease Prevention	The Flea - an External Parasite	Weekly Physical Checks for Rabbits
Faecal Consistency and Colour Checks for Dogs and Cats	The Mite - an External Parasite	Zoonotic and Notifiable Diseases



Geography A-Level 4

Arid Landscape Development in Contrasting Settings	Introduction to Deserts	Sources of Energy in Coastal Systems
Biodiversity	Introduction to Natural Hazards	Storm Hazards
Carbon Stores	Land Biomes	Systems and Processes In Deserts
Coastal Sediment	Landscapes of Coastal Deposition	Systems in Physical Geography
Coasts as Natural Systems	Landscapes of Coastal Erosion	The Carbon Cycle
Desertification	Landscapes of Glacial Deposition	The Nature and Distribution of Cold Environments
Drainage Basins	Landscapes of Glacial Erosion	Volcanic Hazards
Ecosystems	Periglacial Landforms	Water Biomes
Fluvioglacial Landforms	Plate Tectonics	Water Stores
Glacial Systems	Seismic Hazards	Wildfire Hazards



Psychology A-Level 4

Approaches in Psychology - Behaviourist Approach	Biopsychology - Function of the Endocrine System	Memory - Types of Long-Term Memory
Approaches in Psychology - Biological Approach	Biopsychology - Localisation of Function in the Brain	Social Influence - Conformity to Social Roles
Approaches in Psychology - Cognitive Approach	Biopsychology - Structure and Function of Sensory, Relay and Motor Neurons	Social Influence - Explanations for Conformity
Approaches in Psychology - Comparison of Approaches	Biopsychology - Ways of Studying the Brain	Social Influence - Explanations for Obedience
Approaches in Psychology - Humanist Psychology	Memory - Explanations for Forgetting	Social Influence - Explanations of Resistance to Social Influence
Approaches in Psychology - Psychodynamic Approach	Memory - Factors Affecting the Accuracy of Eyewitness Testimony	Social Influence - Minority Influence
Approaches in Psychology - Social Learning Theory	Memory - Improving the Accuracy of Eyewitness Testimony	Social Influence - Obedience and the Work of Milgram
Biopsychology - Biological Rhythms	Memory - Revision	Social Influence - The Role of Social Influence Processes in Social Change
Biopsychology - Division of the Nervous System	Memory - The Multi-Store Model	Social Influence - Types of Conformity
Biopsychology - Fight or Flight Response	Memory - The Working Memory Model	Social Influence - Variables Affecting Conformity



Science L3 1

Accident and Illness Reporting	Hazard Symbols	Risk Assessment
Centrifuges	Health and Safety at Work Act	Safe Handling of Solvents
Chromatography	Keeping a Lab Book	Scientific Terminology
Colourimeters	Lab Design	Specialist Lab - Histopathology
Communication in the Lab	Lims	Standard Solutions and Serial Dilutions
COSHH	Pathogens	Storage and Waste Disposal
Distillation	PPE	Titration
Electrophoresis	Radioactive Substances	Using a Microscope
Fume Cupboards	Regulations and Legislations	Using Glassware
Handling Microbiological Cultures	Riddor	

Resource Library



Sociology A-Level 🔊 4

Conceptions of Culture	Macro Micro Approach	Research Methods - Positivism and Interpretivism
Disability	Marketisation	Role of Health Professionals
Explaining Male Offending	Marxism	Sampling Methods
Feminist Perspectives	Material Deprivation v Cultural Deprivation	Social Construction of Health and Illness
Functionalism	Mental Illness	Statistics
Globalisation Concepts	Nature and Nurture	Symbolic Interactionism
Health Inequalities	Postmodernism and Family	The Correspondence Principle
Interviews in Sociology	Questionnaires	The Sick Role
Introduction to Postmodernism	Realism	The Significance of Globalisation in Sociology
Is Sociology a Science?	Religion as a Force	Understanding Globalisation

Resource Library

Bespoke Video Resources - Stand-alone bespoke video resources



Bespoke Video Resources

Animal Care x 10	Engineering x 9	Motor Vehicle x 9
Beauty Therapy x 10	Hair L3 x 5	Performing Arts x 10
Catering x 10	Life Skills x 128 (see below for title list)	Public Services x 10
Childcare L3 x 10	Massage L2/L3 x 10	Science x 10
Construction x 10	Maths x 9	Sport L3 x 12
Creative Media x10	Media Make Up x10	



Life Skills Videos

Alcohol	Help with Mental Health	The Effects of Bad Drugs
Bank Accounts	How to Spot Fake News	Thinking About a Choice
Being Inspired	How We Change Our Environment	Thinking About the Future
Being Safe Around Drugs and Alcohol	Hygiene and Food	Training
Best-Before and Use-By Dates	Hygiene and Self-Esteem	Types of Communication
Budgeting	Increasing Physical Activity	Understanding Exercise
Building Confidence and Self-Esteem	Leadership in Teams	Understanding Risk
Cleaning Equipment	Looking After Your Clothes	Using a Dishwasher
Cleaning Routines	Making Good Choices	Using a Job Site
Cleaning Your House	Mental Health Problems	Using a Microwave
Common Workplace Software	On The Day of an Interview	Using Cleaning Products
Communication and Teamwork	Passwords	Using Technology at Work
Consequences	Paying for Things	Using the Internet
Crossing the Road	Personal Hygiene Routines	Using the Internet Safely
CV Presentation	Personal Presentation	Using the Oven
CV Writing Style	Physical and Mental Health	Using Your CV
CVs and Application Forms	Positive and Negative Communication	Volunteering and Employment
Dangers of the Internet	Preparing for an Interview	Walking Around
Delivering a Presentation	Protective Equipment	Washing your Clothes
Designing a Presentation	Public Transport	What Affects Confidence and Self-Esteem?
Difficult Choices	Qualifications	What are Interviews?
Digital Skills at Work	Reduce, Reuse, Recycle	What Happens in an Interview?
Dressing the Part	Relationships	What is a Career?
Drugs	Resilience and Grit	What is a Choice?
Drugs That Harm Us	Roles in a Team	What is a Community?
Eating Healthily	Savings	What is a CV?
Education, Training and Experience	Search Engines	What is Communication?
Ending Unhealthy Relationships	Searching for Jobs Offline	What is Confidence?
Equipment for Preparing Food	Searching for Jobs Online	What is Discrimination?
Everything in Balance	Skills Assessment	What is Diversity?
Finding New Ideas For Food	Soft Skills	What is Employability?
Fitness	Staying Mentally Healthy	What is Equality?
Food Allergies	Staying Safe at Work	What is Health?
Formal and Informal Situations	Staying Safe in Your Community	What is Hygiene?
Getting Help and Support	Staying Safe When Preparing Food	What is Mental Health?
Getting Started With Volunteering	Staying Safe when Travelling	What is Resilience and Grit?
Giving Back to Your Community	Storing Food at Home	What is Self-Esteem?
Giving Presentations	Storing Food Properly	What is the Environment?
Goals and Targets	Structuring Your Presentation	What is the Internet?
Hard Skills	Teamwork	What is Volunteering?
Having a Healthy Relationship	The Benefits of Exercise	What Should a CV Include?
Healthy and Unhealthy Relationships	The Benefits of Volunteering	Why is Diversity Important?
Help and Support	The Importance of Positive Communication	



Visit our website for current information on the Consortium including colleges joined and example content.

<http://www.blc-fe.org>

For more information contact Matt Beck at Heart of Worcestershire College

✉ mbeck@howcollege.ac.uk | 📞 01905 743468